



# Farm School for Women

David Appelman<sup>1</sup>, Matthew T. Campbell<sup>2</sup>, Macy Fawns<sup>3</sup>, Philip Konopka<sup>4</sup>, Samantha Saunders<sup>5</sup>, April Wilhoit<sup>6</sup>

<sup>1</sup>Bracken County Cooperative Extension Service, <sup>2</sup>Mason County Cooperative Extension Service, <sup>3</sup>Mason County Cooperative Extension Service, <sup>4</sup>Lewis County Cooperative Extension Service, <sup>5</sup>Robertson County Cooperative Extension Service, <sup>6</sup>Fleming County Cooperative Extension

april.wilhoit@uky.edu

## Introduction

The Buffalo Trace Counties Area Farm School For Women program is geared towards women that manage and work on the farm. This setting of education allows for women to feel safe and able to address questions they may have in a group of similarly interested people.

## Activities



Figure 2: Educational Session #1, Dr. Shawn Wright discussing "Small Fruit Production" (left) and trellising (right) at Strodeberry Farm.



Figure 3: Educational Session #2, April Wilhoit covering "Lawn Diseases" (left) and Macy Fawns providing hands-on learning (right) on "Lawn Weed ID and Control Options".

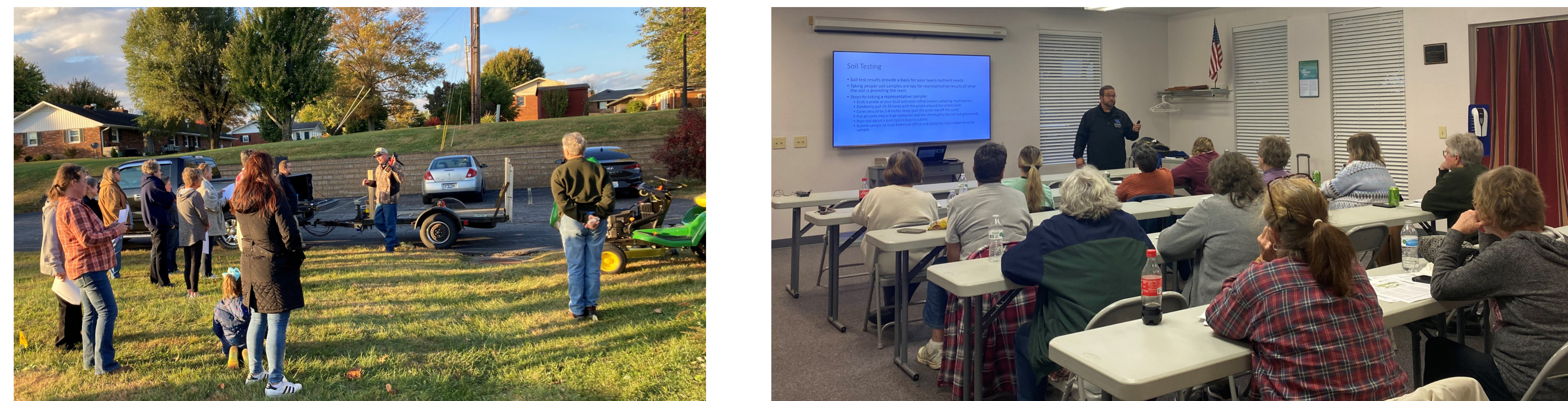


Figure 4: Educational Session #2, Philip Konopka providing tips on "Lawn Mower Maintenance" (left) and Matthew "Tad" Campbell discussing with the group the importance of soil testing and proper techniques (right) in lawns.



Figure 5: Educational Session #3, David Appelman discussing "Compost Packed Barn Facilities and Manure Collection" on the farm (left) and Matthew "Tad" Campbell covering "Body Condition Scoring" (right) at ATM Farm.

## Program Description

- The Farm School For Women Program is an annual agriculture minded program geared to women
- Agriculture topics vary each year based on feedback from prior year and/or questions the agents get throughout the year that are timely
- The 2022 Farm School For Women program consisted of topics on:
  - Small Fruit Production
  - Lawn Management
  - Body Condition Scoring Cattle | Manure Analysis | Vaccines
  - Marketing Your Farm Products w/ Social Media
- The 2022 Farm School For Women attendees received a voucher which was redeemable during the Spring 2023 Plant sale for one bundle of strawberry plants

## Summary

All sessions of the 2022 Farm School For Women program received high remarks by attendees on the program survey. Every participant of the survey gained at least one new piece of knowledge to utilize on their farm. Several participants shared that they planned on making upgrades to their cattle handling facilities after gaining ideas from the on-farm session on cattle body condition scoring. Farm management processes have been improved by attendees of the program

The Farm School For Women program is an important program for the Buffalo Trace Counties area. Attendance in 2022 increased by greater than 35% year over year. The topics to be covered each year are thoughtfully chosen by listening to female clientele in our area as well as from survey comments from prior year's sessions.

University of Kentucky  
College of Agriculture,  
Food and Environment  
*Cooperative Extension Service*

PRESENTED BY: THE COOPERATIVE EXTENSION SERVICE BUFFALO TRACE COUNTIES

## FARM SCHOOL FOR WOMEN

OCTOBER 6 - SMALL FRUIT PRODUCTION  
@ STRODEBERRY FARM, FLEMINGSBURG | 6:00PM

OCTOBER 13 - LAWN MANAGEMENT  
@ FLEMING COUNTY EXTENSION OFFICE | 6:00PM

OCTOBER 20 - BODY CONDITION SCORING | VACCINES | MANURE ANALYSIS  
@ ATM FARM 7736 KY 11, MAYSVILLE, KY | 6:00PM

OCTOBER 27 - MARKETING YOUR FARM PRODUCTS W/ SOCIAL MEDIA  
@ FLEMING COUNTY EXTENSION OFFICE | 6:00PM

PLEASE REGISTER BY:  
**SEPTEMBER 16TH**  
FOR MEAL & MATERIAL PLANNING

PLEASE USE THE QR CODE BELOW OR CALL YOUR LOCAL EXTENSION OFFICE TO REGISTER!

BRACKEN- (606) 735-2141  
FLEMING- (606) 845-4641  
LEWIS- (606) 796-2732  
MASON - (606) 564-6808  
ROBERTSON- (606) 724-5796

Figure 1: Promotional flyer for use in newsletters and social media

## Objectives

1. Provide educational, hands-on, learning opportunities for female producers
2. Exhibit a variety of agriculture related topics to increase knowledge of clientele in our area
3. Utilize the knowledge and leadership of local ANR/Horticulture Agents to lead educational sessions as well as University of Kentucky Specialists
4. Utilize a mixture of learning methods to provide educational programming to clientele
5. Provide and foster an environment for learning that is "safe" for clientele to ask questions without fear of judgement