**Opinion** 

### LE SUEUR COUNTY NEWS

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### **GENERAL INFORMATION**

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Philip Weyhe 507-931-8567(BDD )

## Help save historic Ottawa stone church

Greetings, I am Bill Stangler, president of the Le Sueur Historical Society. I shall relay the following story hoping that it may find a sympathetic ear. In 1859, a group of Ottawa citizens of the Methodist faith gathered together and built a house of worship, the Ottawa Methodist Church.

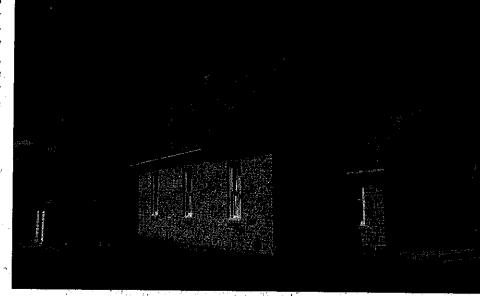
It was a simple one-room structure built of native rock that has a pink hue. Ottawa, being a small community, wasn't able to muster a large congregation, and as a result, the church never had a local pastor in service. Pastors from nearby communities of Le Center and Le Sueur served the church on a part-time basis over the years.

During the more active years of the church, a group called the Ladies Aid was very active and held social events to raise money to pay the pastor and help carry on other functions of the church. and is still active today as a social

church was not used. Soon the deserted and rundown appear- had an active congregation. ance. In the winter of 1967-1968 a group of local citizens came tofuture of the stone church.

It was learned that the church is one of the three oldest Methodist churches in the state and speaker was someone who had strengthen and rebuild areas of mailed to: LeSueur County Hisis considered by many to be one attended the church as a boy. the overall structure. of the most attractive in terms of Following the service, a ribits simplicity and design. They bon was cut, and the church grant state that for every doldecided that the church should was presented to the Le Sueur lar the L.C.H.S. raises, the Carl be restored and maintained as a County Historical Society to be and Verna Schmidt Founda-

historical site.



(Photo courtesy of Le Sueur County Historical Society)

Donations of time, material, This group was formed in 1899 and money were freely given

worked to repair and restore the Historic places and is one the L.C.H.S. to obtain the goal of building beginning that spring. oldest Methodist churches in \$60,000, which must be com-Minnesota.

The society has done its best so far raised about two-thirds of by many citizens of Ottawa and to maintain the building over that goal. the surrounding communities. the years, but recently it was disvines, underbrush, and trees tures and furniture in the church area. The cost of the repair has proper to its noble purpose. growing in the yard gave it a very today were in the church when it been estimated at \$174,500. This L.C.H.S. is working locally to Sunday Sept. 22, 1968 was County Historical Society can afnations from its 230 members, chosen as the date for the pre- ford. We have therefore applied but our pockets are not deep gether and began to discuss the sentation of the newly restored for and received a matching enough to complete the project church. An ecumenical service grant up to \$120,000 from the ourselves. We therefore ask you was held that day in the front Carl and Verna Schmidt Foun- for any financial help you can yard of the church and the guest dation to replace the steeple and provide to us. Donations can be

maintained and preserved as a tion will donate two dollars of the Le Sueur County Histori-The group became the Otta historical landmark. The church units \$120,000. Therefore was cale with the church

wa Restoration Committee and is now on the list of National are reaching out to you to help pleted by Dec. 15, 2019. We have

The Ottawa stone church is The church had an active Some of the items from the his-covered that the integrity of the located on one of the Minnesota congregation until 1950 when toric church disappeared over structure was in jeopardy. The state byways. Many visitors stop it was closed and used only for the years and had to be replaced steeple of the church was lean and enjoy the site throughout the weddings and funerals. Only or repaired. But, with the coop- ing 19 inches to the west and 11 year. Through the completion of minimum maintenance was erative ecumenical spirit that inches to the south. The steeple this church rehabilitation projperformed during the years the prevailed all the necessary items was removed, and a temporary ect, the church can once again were acquired. Most of the fix- roof was laid over the disrupted be used for activities fitting and

is much more than the Le Sueur raise money by requesting dotorical Society P.O. Box 123, Le The terms of the matching Center, MN 56057. Make checks payable to LCHS.

Bill Strangler is the president



### The 'plant blood' inside those Impossible Burgers

In the past couple of years, a hamburger company, Impossible Foods, has gotten close to imitating the taste of beef through its "Impossible Burger".

You may have seen it advertised at a Burger King or certain grocery stores. This plant-based hamburger is not marketed just towards vegetarians but also "flexitarians". Flexitarians want to cut down on, but not remove meat from their dinner plate.

This Impossible Burger is not just a portabella mushroom between bread, millions of dollars were invested in it. To simulate the taste of beef without the "moo," these new veggie burgers must be highly processed; B vitamins are added along with plant oil and a soy/potato protein mixture. Ironically, the amount of calories are also comparable to the thing it replaces. So, if you plan to eat Impossible Burgers every meal it may soon be "impossible" to fit into your jeans.

One of the ingredients used, leghemoglobin (LegH), was familiar to me as an agriculture educator. In legumes such as couheane this chamical halne

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### LETTERS TO THE EDITOR

The Le Sueur County News welcomes letters to the editor.

Letters must be 400 words of less and include the author's name. The writer's address and telephone number must also be provided for verification purposes, but that information will not be published.

They must be express an opinion or gratitude on a topic of local interest.

Letters must be exclusive to the County News.

Anonymous letters will not be published.

Writers are limited to one letter every 30 days.

E-mail letters to: editor@ lesueurcountynews.com, mail them to Le Sueur County News, P.O. Box 142, Le Sueur, MN

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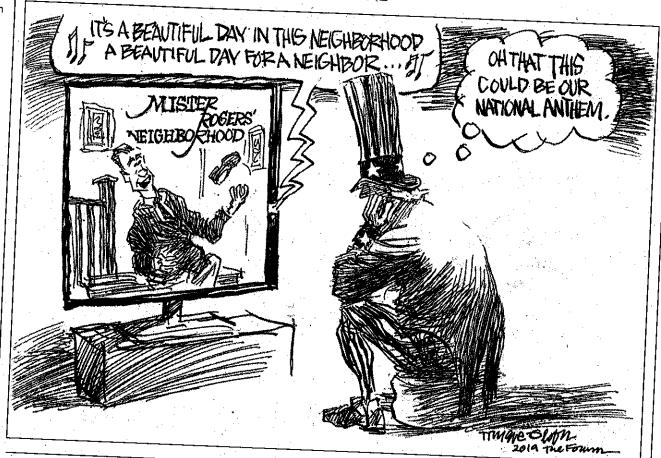
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# Tri-City United — Gatherings with gratitude

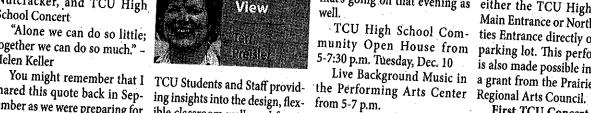
Community Open House, The Nutcracker, and TCU High School Concert

"Alone we can do so little; together we can do so much." -Helen Keller

shared this quote back in Sepsdale, and TCU Montgomery building projects. It seems appropriate to share it again as we prepare for this final Commu-School and additional upcoming

Community Open House, Tuesday, Dec. 10 - tours and live music

We encourage and invite all of our TCU residents to come to our final TCU Community Open Honor Band. House on Tuesday, December 10th from 5 — 7:30 p.m. Come friendly so all are encouraged cal music such as the "Dance of United School District." new classroom additions, Ag Shop, Project Lead the Way and be offering a discount on Titan more. Science Labs, and Performing wear at the TCU School Store. Arts Center. Tours will be led by Once you're done



Another

tember as we were preparing for ible classroom walls and furniour Community Open Houses ture, state of the art equip.m.ent, for TCU Le Center, TCU Lon- and learning opportunities that these new spaces are providing.

Live musical performances 6 p.m. Friday, Dec. 13 will take place in the TCU Performing Arts Center beginning at TCU High School nity Open House for TCU High at 5:30 p.m. with background music by a variety of groups; including a group of TCU Band Alumni. A more concert type performed by the Youth Dance students and the audience. performance will begin at 7 p.m. Jazz Band, Encore Choral En- off the classical "Nutcracker a part of these incredible experisemble, and Grades 5 — 12 TCU Ballet" and is appropriate for all

As a part of the evening, we'll

the Titan Boys' Basketball game at the event. Please enter using well.

5-7:30 p.m. Tuesday, Dec. 10

Live Background Music in

Special Holiday Performance of The Nutcracker -

starting at 7 p.m.

The TCU Community Edu-Ensemble from Burnsville. This

the Sugar Plum Fairies," "March of the Toy Soldiers", and much

Admission is \$2 per person Reach her at torriday 24-2005

that's going on that evening as either the TCU High School Main Entrance or North Activi-TCU High School Com- ties Entrance directly off of the munity Open House from parking lot. This performance is also made possible in part by a grant from the Prairies Lakes

First TCU Concert in Per-Live Concert Performance forming Arts Center - at 7 p.m. Monday, Dec. 16

Enjoy an evening of outstanding choral and instrumental music performed by our TCU TCU Performing Arts Center High School Choir and Band. This will be our first official high school concert conducted in the cation Department is proud to Performing Arts Center. It will sponsor "The Nutcracker" to be be a momentous event for TCU

featuring our TCU High School hour long production is based TCU community members to be ences and events. We are truly ages. You won't want to miss this grateful and thank you all for be-The tour will be fully ADA beautiful ballet with truly classi- ing a vital part of our Tri-City

> Teri Preisler is Tri-City United School District superintendent.

misioricantandmark The church up to \$120,000. Therefore, were calsociety some yearning educator. In legumes such as soybeans, this chemical helps control the amount of oxygen in s their root nodules. These nodel ules contain bacteria known as rhizobia who provide nitrogen fertilizer to the plant. Rhizobia have a complicated relationship with oxygen. They need small amounts to live, but not too much. Excess oxygen can make rhizobia's nitrogen producing system stop working and the soybean plant to yield poorly.

LegH is not just important to crops - we humans use a similar reddish protein called hemoglobin. Hemoglobin is an important chemical in our blood that also helps move oxygen, specifically from our lungs to our body. The Impossible Burger uses LegH as a type of "blood", mimicking the visual and perhaps taste of meat juices.

To see for yourself what LegH looks like, pull a healthy plant from the legume/pea family next summer. Look for the knobby growths on the roots. Those knobs are the root nodules. If you cut one open with a fingernail or knife, you should see the pinkish-red color of LegH as it reacts to the oxygen in the air.

Impossible Foods have genetically engineered a yeast to produce this LegH in huge quantities, as getting them from plants was impractical. While the private sector has figured out that particular issue, there was another regarding its safety. Agronomists knew about LegH but never got the urge to pop root nodules into their mouths, so there was a lack of knowledge about how edible LegH is. What followed was a surgé in research, and just this year the Food and Drug Administration cleared the chemical as safe, making it available to grocery stores.

Dietary choices of consumers have a powerful effect on agriculture. The popularity of the Impossible Burger has sparked a broader conversation in regards to meat consumption. I urge you to conduct your own research from non-biased sources. Ask questions and see who is funding what study. Keep an open mind, few solutions are clear cut, and almost all have tradeoffs. Food production is no exception.

Shane Bugeja is the extension educator for Le Sueur and Blue